



## **Saint Elizabeth Community Earns Worksite Health Award from Blue Cross & Blue Shield of Rhode Island and the Greater Providence Chamber of Commerce**

**Warwick** > Saint Elizabeth Community was recognized with an Exemplary Worksite Health Award from Blue Cross & Blue Shield of Rhode Island (BCBSRI) and the Greater Providence Chamber of Commerce (the Chamber) for effective programs encouraging employee health and well-being in a meaningful way.

“We are thrilled to receive the Exemplary award,” says Steven J. Horowitz, President and CEO of Saint Elizabeth Community. “Our wellness motto is Care to be Fit, so you are Fit to Care,” he continues; “We are in the business of caring for people and it is very important that each staff member takes care of his or her health first.”

Saint Elizabeth Community was one of more than 75 Rhode Island businesses honored by BCBSRI and the Chamber with a Worksite Health Award at a breakfast attended by hundreds of state business leaders. The event celebrated local businesses who have demonstrated a commitment to improving Rhode Islanders’ overall health through innovative wellness programs, as companies and individuals.

Saint Elizabeth Community’s Wellness Committee meets monthly and puts forth many wellness, educational, and interactive activities for staff. “We talk about a healthy lifestyle and support our employees by offering education and also activities to encourage healthy living,” says Beth Russell, the chair of Saint Elizabeth Community’s Wellness Committee. Horowitz concludes, “Together we have achieved this award and we look forward to continuing to support and encourage all staff to take care of themselves.”

“We commend Saint Elizabeth Community for investing in wellness programming and creating a stronger workforce,” said Kim Keck, president and CEO of BCBSRI. “Employees who are encouraged to take charge of their own health and wellness feel empowered and valued. Working as a team to help employees get healthy and stay healthy translates to a more committed, more engaged workforce – and that is a true sign of success.”

“By increasing morale and production, and decreasing healthcare costs and sick leave, worksite health programs are a win for all involved. We applaud Saint Elizabeth Community for making the commitment to invest in the wellness of their team and for inspiring more Rhode Island businesses to find creative ways to help their employees live better, healthier and happier lives. We encourage other companies to follow their lead,” said Laurie White, president of the Greater Providence Chamber of Commerce.

Saint Elizabeth Community is a not for profit provider of care and services to seniors with 16 Rhode Island locations including two nursing and rehab centers, four GREEN HOUSE® Homes, an affordable assisted living residence, 5 adult day centers, a home care agency and 2 affordable apartment buildings. Saint Elizabeth Community prides itself on being the organization *where RI seniors come first*.™ For more information visit: [www.stelizabethcommunity.org](http://www.stelizabethcommunity.org)



I-r Laurie White, Greater Providence Chamber of Commerce, Natalie Coletta, Frank O'Brien, Beth Russell, Jennifer Dandridge and Kim Cairo, Saint Elizabeth Community Wellness Committee members, and Kim Keck, Blue Cross & Blue Shield of RI